

PLEASE REMEMBER

Keep to the public footpaths at all times and be considerate to other highway users

No entrant will be permitted to walk under the influence of alcohol or any illegal substance

This is a walking event, running or riding will not be permitted

Please be respectful to our course Marshalls and helpers who are all volunteers

SAFETY INFORMATION

In the event of an emergency please notify a course Marshall immediately

St John Ambulance medics are in each course vehicle

In an EMERGENCY call
07010 752754
for assistance



Southend-on-Sea Round Table 106

The National Association of Round Tables of Great Britain and Ireland (RTBI), Area 33 (Essex)

www.southendroundtable.com

Registered Charity in England No.: 1052897

Designed and Printed by Olympus KeyMed

OLYMPUS

Olympus KeyMed
in Support of the Community

www.colourthon.org



© Moonlight Colourthon Charitable Trust 2010

Route Map











Route map sponsored by

Green Light
Paint Solutions



© Moonlight Colourthon Charitable Trust 2010

www.colourthon.org

	Park Area and Control Point		Start/Finish Gantry
	Public Conveniences		Mile Markers
	Shuttle Bus (Pick up/Drop off)		Event Parking
	Route Direction		Water/Safety Points

